

## Simply Organic Formula Powder

Yields about 1 Quart

NOTE: Powdered products are not commercially sterile and should not be used for immunocompromised patients unless clinically required, and then under strict medical supervision of preparation and use.

| <b>Calories<br/>Desired</b><br><br>Kcal/fl oz | <b>Amount of Powder<br/>Grams</b><br><br>(Approximate Household Measures*) | <b>Amount of<br/>Water</b><br><br>Fluid Ounces |
|---|--|--|
| 5   | 32 ( ¼ Cup + 1 Tbsp)   | 31   |
| 10  | 63 ( ½ Cup + 2 Tbsp)   | 30.5   |
| 15  | 95 ( ¾ Cup + 3 Tbsp)   | 29.5   |
| 20  | 127 ( 1 ¼ Cup)   | 28.5   |
| 22  | 139 ( 1 ¼ Cup + 1 Tbsp + 2 tsp)  | 28.5   |
| 24  | 152 ( 1 ½ Cup)   | 28   |
| 26  | 165 ( 1 ½ Cup + 2 Tbsp)  | 27.5   |
| 27  | 171 ( 1 ½ Cup + 3 Tbsp)  | 27.5   |
| 28  | 178 ( 1 ¾ Cup)   | 27.5   |
| 30  | 190 (1 ¾ Cup + 1 Tbsp + 2 tsp)   | 27   |

\*Household measures of Simply Organic should be unpacked, level, standard measures.

Weighing powder product provides the most accurate final preparation. Approximate household measurements are provided as a convenience when a precise dilution is not required.

Simply Organic powder is measured in unpacked, level measures.

100 g of Simply™ Organic powder provides 500 Calories. Each gram of powder displaces 0.77 mL of water.

Powders mix best when added on top of water. One-half fluid ounce of water can be measured using one Tablespoon (1 Tbsp water=1/2 fl oz water).